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Body In Balance

Abstract

Don't miss your chance to be on the cutting edge of new and radical information on how our bodies achieve homeostasis. We will learn about the endocannabinoid system (ECS), how it works, and what we can do to support it. Most importantly, we will gain the ability to confidently share the knowledge with our patients.

Type of Program

Lecture, workshop, or keynote.

Platform

Live or virtual.

Category

Nutrition, clinical care, strategies, oral systemic link, biology.

Target Audience

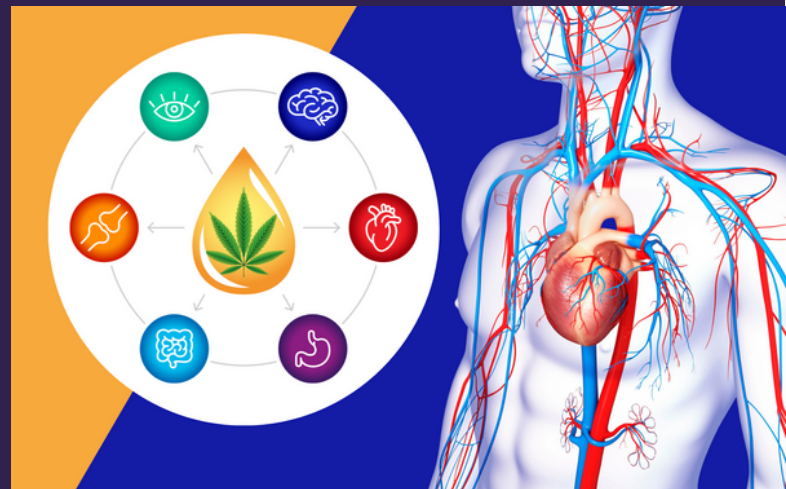
Entire dental team.

Level

Beginner, intermediate, advanced.

Duration

1-3hrs



Learning Objectives

Discover our body's best kept secret: the endocannabinoid system.

Learn ways to reduce pain & inflammation as well as improve sleep & recovery with a healthy endocannabinoid system through lifestyle practices, cannabis, and other herbal supplements.

Explore clinical considerations for optimal patient care.

Learn how to discern quality CBD products.